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To: Nutrition Coordinators
GA Production Units

From: Andrea Carter, MS, RDN, LD
Carol Bush, RDN, LD
Bobbie Morris, RDN, LD
Keyanna Kinloch, RDN, LD

Re: Spring FY23 Menu Materials

The Spring FY23 Menu Materials are attached for you to duplicate for the Senior Center Managers. We have planned 2 cold salad/sandwich meals for spring, menus 9 and 20. We also have planned an Asian themed meal, menu 16 with Sweet and Sour Meatballs with new items of Asian Style Rice and Asian Vegetable blend, including soy sauce as a condiment. Plus, we will serve two holiday menus for Easter and Memorial Day.

The final menus are based on the menu comments we receive back from the centers foremost, and from the nutritional requirements needed to be met for each day. However, the final menus result from production feasibility and from the availability of the food for each planned menu. The supply chain for food continues to be an issue. As always, please encourage the senior center staff to refer to the serving guides prior to plating the meals, and to continue to provide feedback on the menus.

The Spring menus are printed on pastel green colored paper. If you have the resources to accomplish this, then do so. If you have any questions, please contact Andrea Carter at 334-242-5788, Bobbie Morris at 334-353-8320, or Keyanna Kinloch at 334-328-7752.

Thank you for all that you do to get our seniors fed! Stay well!

Sincerely,
The ADSS Nutrition Team

cc: Laura McGinn
Kiana Ward
Alexandria Hadley
Jake Fatica